



National Core Indicators (NCI) Data Highlight



NCI Question: Did you help make your annual plan? Did you get to set your own goals?

Background of the 2023 NCI Survey



Every year, over 400 adults with developmental or intellectual disabilities participate in the NCI Adult In-Person Survey (IPS)



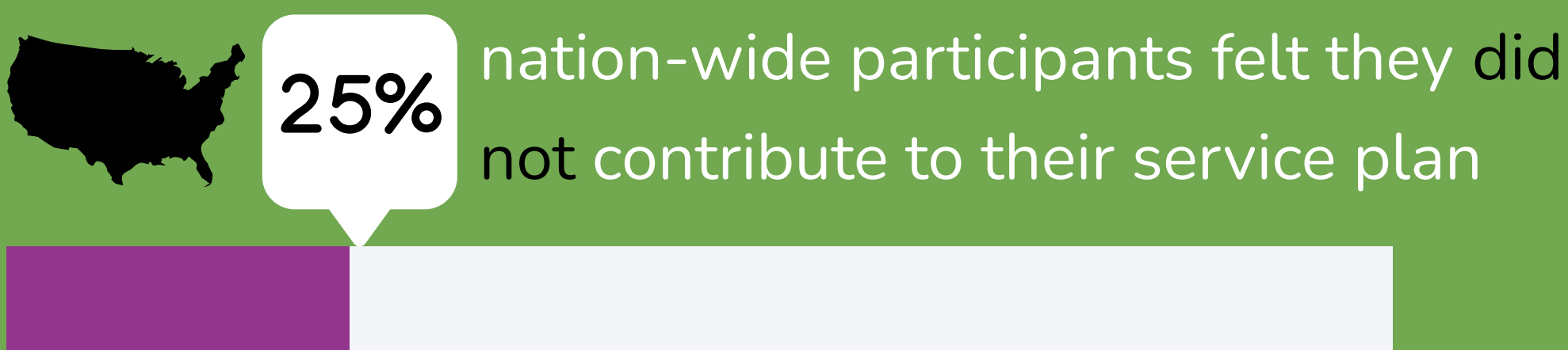
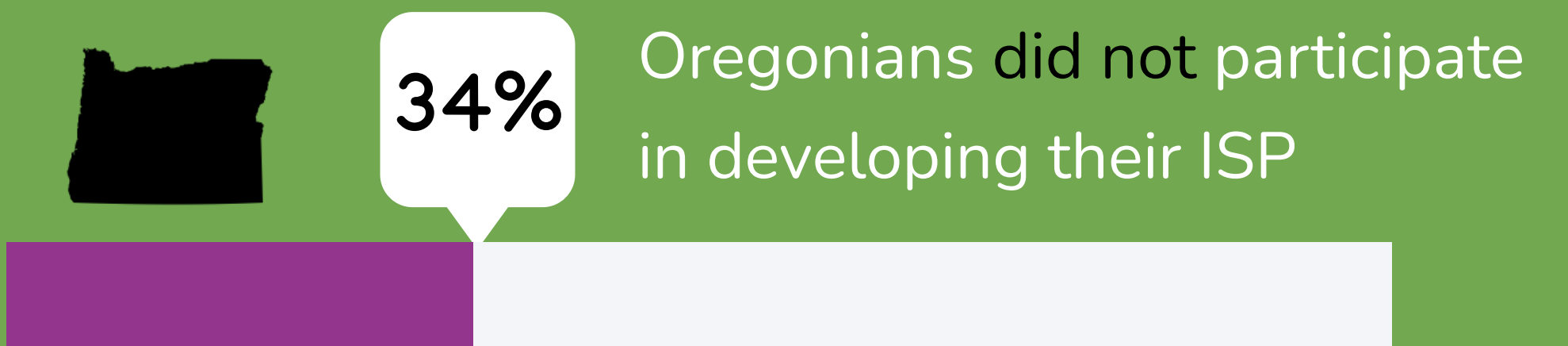
Interviews are conducted by Oregon Health & Sciences University (OHSU)



This measure is related to the ODDS 2018-2023 Strategic Plan

Oregon's vs. National Responses

According to the results of the 2021-2022 Adult IPS, 1 in 3 people in Oregon who responded to the survey (34%) said they did not participate in developing their Individual Support Plan (ISP).



Why does the NCI Survey matter?

The Office of Developmental Disabilities Services (ODDS) values choice, self-determination and person-centered practices for individuals assessing supports and their families. **ODDS wants to ensure the person's voice and involvement is the key element in the planning process and should be the polestar of any ISP process.**

Questions for CMEs to ask:

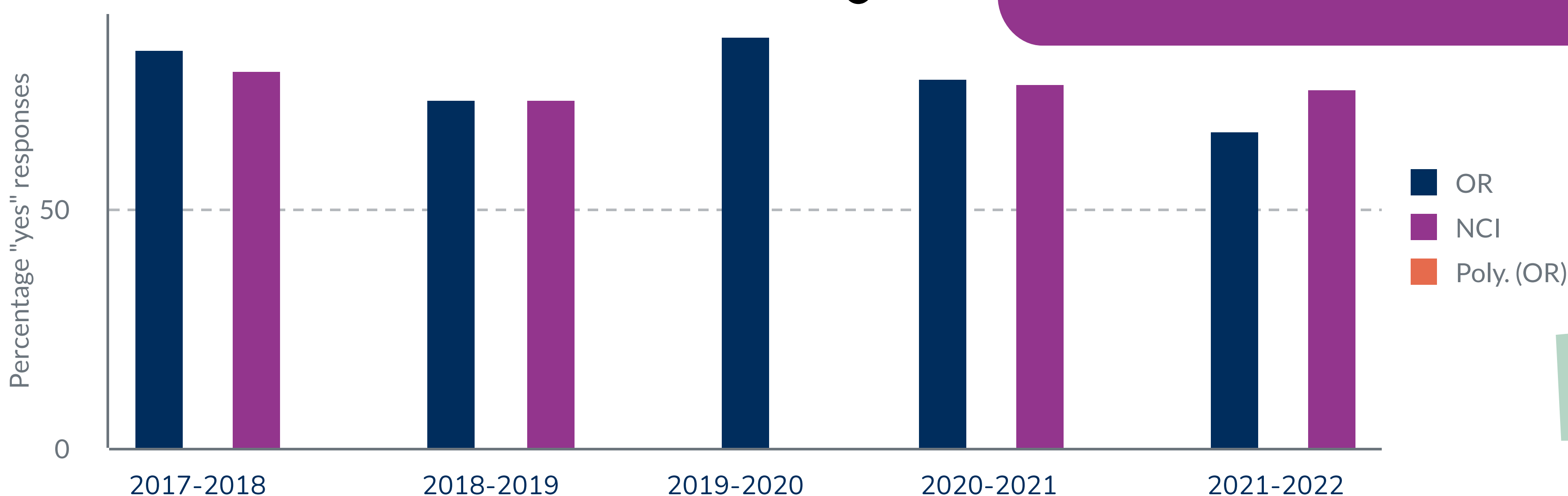
- What can we do to ensure people and families are empowered to direct their annual ISP?
- What are the barriers that prevent this from happening?
- Are we connected with local family and self-advocacy groups?
- Do we have resources around planning and do people know how to find and use them?

How many people did participate in making their own service plans?



6.6 out of 10 Oregonians

Historical Trends in Service Planning





National Core Indicators (NCI) Data Highlight



NCI Question: Do my services and supports change when my family's needs change?

Background of the 2023 NCI Survey



Last year, over 650 families that have children who receive supports through ODDS responded to the NCI Child and Family Survey.



The NCI Child and Family Survey was mailed to family's home addresses.



This measure is related to the ODDS 2018-2023 Strategic Plan

Why does the NCI Survey matter?

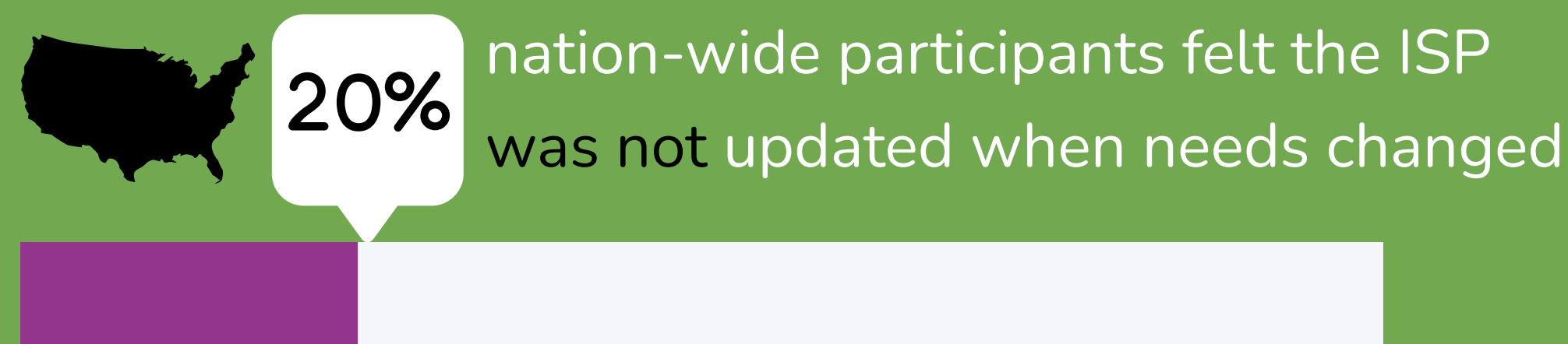
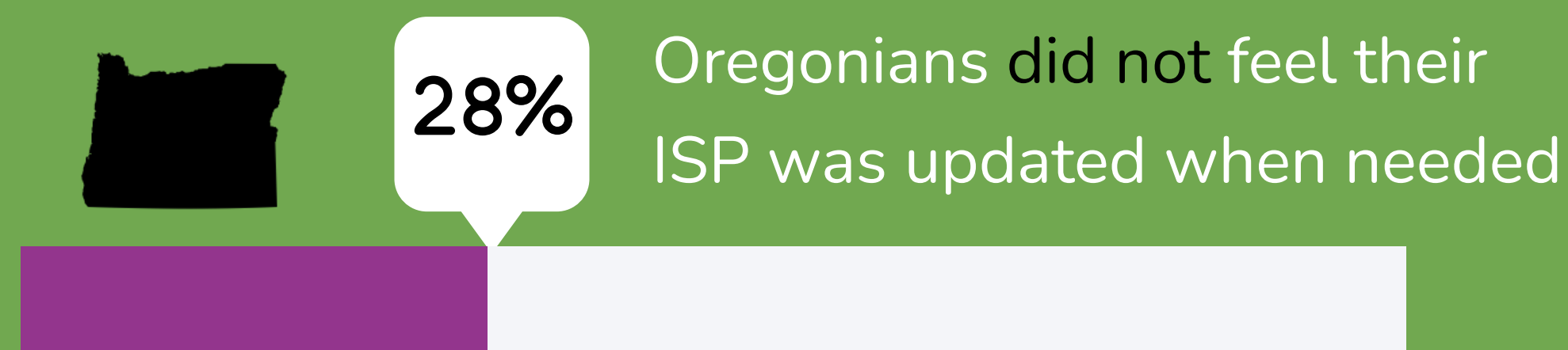
One of our ODDS values is to provide person-centered, self-directed services and supports. **Life changes, and change does not happen on a schedule, so services and supports should be flexible and adapt as someone's hopes, dreams, and needs evolve.**

Questions for CMEs to ask:

- Do people and families know their plan can change throughout the year, and how they can go about asking for a change?
- What are the barriers to ISPs being able to change when the person's life changes?
- Are we connected to local family and self-advocacy groups who can help people navigate their plans?
- Do we have resources around planning and do we know how to find, use, and share them with people, families, and providers?

Oregon's vs. National Responses

According to the results of the 2021-2022 Child & Family survey, more than 1 in 4 people in Oregon (28%) said they did not feel their Individual Support Plan (ISP) was updated when their needs changed.



How many people did participate in making their own service plans?

7.2 out of 10 Oregonians

Historical Trends in Service Planning

